



ELEMENTS OF SUCCESSFUL EXECUTIVE COACHING



Coaching should not be mixed up with Consulting

COACHING



Coaching is developing the leader's ability to solve a problem themselves i.e. goal setting



The focus of coaching is to identify and enhance the leader's inner abilities



With coaching, you walk away with strategies for uncovering your truth on your own

CONSULTING



Consulting is supporting the leader in problem solving by producing certain deliverables i.e. strategic and fundraising plan



Consultants typically focus on a specific problem that needs immediate attention



With consulting, you get the tools that can support you in moving forward and executing

FOUR COMPONENTS OF COACHING

BUILDING TRUST

How do we build trust?

- Through structure
- Engagement
- Consistent communication

STRUCTURAL

When and how will we meet?

- Through scheduling
- Setting boundaries, and
- Creating sacred time and location

ENGAGEMENT

- Setting touchstones and norms
- Cultivate safe and brave spaces

COMMUNICATION

- Navigate honest conversations
- Figure out each others communication style
- Set preferred methods of communication

